

Bring dance to your classroom and meet your dance curriculum requirements!

An Educator Roadmap

Canada's National Ballet School (NBS) offers a suite of FREE online creative movement resources, developed by world-renowned dance experts and teachers. NBS' online resources include engaging step-by-step on demand videos, curriculum-linked lesson plans, and built-in assessment and evaluation.



Looking for guidance on how dance can fit into your curriculum planning? This educator roadmap provides suggested steps and accompanying resources to help make it easier for you to meet curriculum needs and bring the joy and benefits of dance to your students!

NBS' online resources will help you:

- ✓ Achieve dance curriculum expectations
- ✓ Build physical literacy, fundamental movement skills
- ✓ Engage students in experiential learning
- ✓ Make meaningful cross-curricular connections
- ✓ Assess and report on dance expectations

And more!

No dance experience is required to facilitate or participate in any of NBS' creative movement activities!



Get Dancing

Exploring and creating movement!

Get your classroom moving! Learn the elements of dance, engage in the creative process, and explore artistic identity. These resources help students make their own creative choices and build physical literacy, competence and confidence with new movements and dance forms.



Dance On Demand



Cross-Curricular Units



The Activity Library



Watch and Analyze

Understanding and appreciating dance!

These resources help students develop reflection, analysis, and active observation skills, as well as understand the meaning, history, and context of different dance works and dance forms.



Fall in Love with Ballet Series and Resources



Beyond Moving Educational Kit



Angela Gladue Artist Study



Sharing Dance

Connecting and collaborating through dance!

These resources support students as they learn a piece of original choreography alongside dancers of all ages and abilities around Canada. You also have an option of engaging your students through a national online event that celebrates the power of dance.



2021 NBS Sharing Dance Choreography



NBS Sharing Dance Day 2021

Resource Index

Explore NBS' library of creative movement resources and tools for teachers!

The Activity Library

All activities in this library are supported by video demonstration and detailed, printable activity plans. The activities are divided into four categories: welcome, warm-up, dance and reflect.

-  Grades 1-6
-  Curriculum Connections: dance and phys-ed
-  Get Dancing!



Beyond Moving Educational Kit

Engage your students in a comprehensive study of Vikram Dasgupta's film *Beyond Moving*. All resources included can be used in person or assigned to your students virtually.

-  Grades 9-12+
-  Curriculum Connections: dance, media studies, and social studies
-  Watch and Analyze



Cross Curricular Units + Angela Gladue Artist Study

Demonstration videos and accompanying lesson plans will support you in integrating dance across subject areas. Students can also join artist Angela Gladue for a study of powwow and hip hop dance!

-  Grades 3-8
-  Curriculum Connections: dance, phys-ed, science, language, and social studies
-  Get Dancing!
-  Watch and Analyze



Dance on Demand

Themed creative movement activities that build physical literacy skills using elements of dance as a foundation.

-  K-8
-  Curriculum Connections: dance, phys-ed, math, science, and music
-  Get Dancing!



Resource Index *Continued*

Fall in Love with Ballet Series

This rich digital resource includes performances and supporting materials that have been curated to provide viewers with a glimpse—through the lens of young artists—into the beautiful world of ballet.

 Grades 4-12

 Curriculum Connections: dance, writing, media literacy, social studies

 Watch and Analyze



Introduction to Creative Movement

In this course, you will learn about Creative Movement and how it supports the development of the whole child, fostering expression, collaboration and creativity while developing fundamental aspects of physical literacy.

 Support for Teachers

NBS Sharing Dance Choreography

Each year, Canada's National Ballet School commissions a Canadian artist to create a piece of choreography that embodies a thoughtful theme. The choreography is divided into small sections and taught through set-by-step video resources, adapted for ages 6 to 100+.

 All ages

 Curriculum Connections: dance and phys-ed

 Sharing Dance



NBS Sharing Dance Day

Participate in NBS Sharing Dance Day—a national digital broadcast to celebrate the joy, creativity and community of dance. Dance along with Canadian artists as they share and teach a diversity of dance styles, introduce you to new music rhythms, and more.

 All ages

 Sharing Dance



Increasing access to the joys and benefits of dance from coast-to-coast-to-coast through Canada's National Ballet School's (NBS) Lozinski Centre for Community Dance, a visionary gift from Joan and Jerry Lozinski.

Lozinski Centre
for Community
Dance at NBS,
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Joan & Jerry Lozinski

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