



## FUNDAMENTAL CONCEPTS FOR GRADE 7

Students in Grade 7 will develop or extend understanding of the following concepts through participation in various dance experiences (e.g., using elements and choreographic forms to communicate themes and moods).

### ELEMENTS OF DANCE

- **BODY:** body awareness, use of body parts, body shapes, locomotor and non-locomotor movements, body bases, symmetry versus asymmetry, geometric versus organic shape, angular versus curved shape, isolation of body parts (e.g., moving just the shoulder when the rest of the body is still), weight transfer (e.g., lunge, leap, roll).
- **SPACE:** levels, pathways, directions, positive versus negative space, proximity of dancers to one another, various group formations, performance space (e.g., confined, large).
- **TIME:** pause, freeze, with music, without music, duration, rhythm, tempo, acceleration/deceleration.
- **ENERGY:** effort, force, quality, inaction versus action, percussion, fluidity (e.g., wring, dab, mould, flow, bind).
- **RELATIONSHIP:** dancers to objects, opposition, groupings (e.g., large and small groups), meet/part, follow/lead, emotional connections between dancers, groupings