



## My Grade 7 ArtsAround Music Plan for Cycle B

Submitted by: \_\_\_\_\_ Principal's Name: \_\_\_\_\_ Date: \_\_\_\_\_

~10 weeks of Music (or more, allowing for disruptions & students' interest) followed by Dance with 10-12 lessons & Drama with 10 lessons. A Short-Range Plan for each subject area is provided prior to the starting time. This short-term plan below is for Music & for Introductory Dance. The bolded words highlight what is featured in each lesson ~

### MUSIC

#### September

**Lesson # 1: Drum Circle & Crazy Rhythms Card Game:** *The Glee Mash Up* song opens this active lesson. The concept of the **use of roadies and built-in PPD** (Professional and Personal Development) is a good start to **setting routines in place**. A Drum Circle is a sacred and fulfilling experience. Some drumming games played are: a *Crazy Rhythms Game*; *The Art and Heart of Drum Circles*; *Active Rhythmology*; *Kalani's Echo Game*; *Orbit 11*; *Rumble to a Groove*; *Pieces of Eight*; Chant & Movement. Reviewed skills include **syncopation, beats, rhythms, ostinatos and timing**. Many of these games used today promoted **collaborating with a partner**. The *Beat and Rhythm Assessment Chart* will also be introduced.

#### September

**Lesson # 2: Music Appreciation:** Reviewing last week's **rhythm games** works great as a lesson opener. **Percussion instruments** encourage the class to move all around the room and **Bayeh Chant** starts the **creative juices flowing**. Rhythm Flashcards and working on teams continue with socially engaging the students all through the lesson. For further social engagement **The Slides Clapping Game with a partner adds another challenge**. The *Happy* song with Pharrell Williams invites the calls to take **a closer look at neo soul and funk music genres**. The students begin to **identify a falsetto voice** and how talented people are who can sing several **octaves**. More attention is given in this lesson about singing as the next few lessons will involve sight and note reading.

#### September-October

**Lessons # 3 & 4: Sight Reading:** The *Happy Dance* from last week opens this lesson as **physical literacy**. By warming up their bodies, the students will be ready for some brain gain concepts as their brains will get a good workout today. **Reviewing the treble clef by identifying names of lines and spaces plus reading notes** will keep their brains thinking. The *Peace Like a River* sheet music challenge gets kids playing on a **keyboard and Orff xylophones to determine their accuracy**. The bar is raised as **the students are introduced to accidentals (flats and sharps) in the bass clef**.

In Lesson 4 the students are assigned a place on an **Ensemble where they work collaboratively to read notes and play songs** such as *Happy Birthday and If You are Happy and You Know It*. *The Rubric for Music Reading Ability* outlines what is expected of them when singing and playing music.

### October

**Lessons # 5: Monsters:** This theme will continue for the next few lessons including the **Monster Mash** song by *Groovie Goolies* cartoon. But first the students will learn the *Mashed Potato Dance* so they can try it with the *Monster Mash* song. *Imagine Dragons* song **Monster** describes what it is like when we become monster-like. This discussion about how people can be bullies, feeling sad or depressed or angry and what can be done when those feelings hit. The **Top 10 Historical Monsters** will be uncovered as well. This monster theme will be explored through **stories, songs, you tubes, cartoons, music and lyrics** as well as poetry like **The Monster Inside Us All**. We'll even identify the notes in the **Monster Stomp music** and add our own lyrics as we **create our own song and dance** about monsters. More assessment will be done using the *Music Ability Rubric* introduced last week.

### October

**Lesson # 6: Horror Movies: Exploring Movie Genre:** This lesson opens up with **The Halloween Party Mix** scary music leading the students into the room. The idea of **movie genres** will be introduced followed by an **improvisational fun activity**. *The Amityville Horror* movie and *The Conjuring* movies will be discussed with regard to plot. Then the students will **discover the careers** involved in making movies when they go behind the scenes. They will even learn the language of movies with words like **Gaffer, best boy, dailies and montage** to name a few. They will take a quick look behind the scenes of the **Conjuring movie**. All kids find this very cool. Also note the teacher **links to easy tutorials to learn how to play spooky, scary music in time for next week's theme of Halloween**. Being prepared is everything to a successful music lesson!

### October-November

**Lessons # 7 & 8: Reading, Singing & Playing Fall Songs: The Orff Schulwerk Approach to Monsters Everywhere** sheet music provides a challenge. There is a fair number of **bass clef notes to identify and play**. Embellishing and enhancing this piece of music combined with **playing a few other Halloween songs adding sound effects and movement** turns this lesson into a spook-tacular time! The students will work in **Ensembles** so everyone **can play different instruments at once**. The students will also be introduced to another genre in movies called **animation**. They will also be introduced to **iClone 4** in case they want to try to make their own **animated movie** at home or as a personal project in school.

### November

**Lessons # 9 & 10: Havana: Music Video:** This popular **Camila Cabello** song titled *Havana* has a lot to offer. In this lesson the students will learn the unbelievable **story of Camila's life** and her journey to stardom. **Talking aloud about their dreams is important** and this lesson **encourages student input**. The class will **listen, dance, sing, play instruments, lip synch, learn a few Cuban expressions and even take a YouTube tour of Havana**. There will be

opportunities for them to choose what they prefer to do so **collectively they can create their own Music Video** and record it so it can be emailed to their family as a Christmas surprise. That should create some **fond memories** over the holidays this year when friends and family come over. These two lessons require so many learning skills that include **discovery and experimentation** that it can easily be considered a perfect example of **totally integrated lessons** from start to finish. Mr. Orff would approve!

## DANCE

### November-December

**Dance Lesson # 1: Elements of Dance:** The Grade 7s will feel the energy as they open with a dance fitness warm up that should get the energy flowing titled *Evacuate the Dance Floor*: In every grade the elements of dance include **body, space, time, energy and relationships**. The students will work at finding their own space as they explore moves using **stretch, bend, levels, twists** and **rolls**. They will work on **combinations and counting** too. Discovering ways to make their bodies from **shapes, straight, curved** and **angular moves** adds perspective. Students will turn and twist to get comfortable with the **orientation of body parts**. Movement with feelings show **positive and negative space, pathways and relationships**. **Choreography, symmetry and asymmetry with partners** becomes a challenge. **Wring, dab, mold, flow, bind** are the energy words used to convey feelings through action. The *Elements of Dance* Rubric outlines expectations required to gain a successful grade in Dance this term.

### December

**Dance Lesson # 2: Run Rudolph Run Choreographed Dance:** In this lesson the students will begin to apply the elements of dance by warming up to the *Little Drummer Boy Hip Hop* style energizer. Biographies of Justin Bieber and Chuck Berry help to explain what a **riff** is in music. Chuck Berry sang *Run Rudolph Run* and made it popular originally in 1958. Dance Teams will be formed where the children get a chance to **choreograph their own section of the dance** and **perform it** in front of the others. For posterity and **self-critiquing**, footage may be shot so that the students can examine what they did and how they looked in the New Year. A **valuable tool for improvement**.

### December

**Christmas Lesson: A Boom Whacker Christmas:** In this final lesson before the New Year the children will **experiment, discover and jam**. Through experimentation and with the help of **sheet music, Boom Whacker Play Along YouTube videos and tons of improvisation** the kids will leave humming and smiling as this lesson covers it all. A great way to slide into the Dance Lessons that will continue after Christmas. There may be a few Boom Whackers in homes under the Christmas Tree this year☺

