



ATW Teacher's Guide for Catholic Schools



**“BE YOURSELF, EVERYONE ELSE IS
ALREADY TAKEN.”**

Oscar Wilde

MISSION

The Mission of ArtsAround the World is to provide an arts-integrated, cross-curricular integrated arts program for children in grades 1-3 to travel around the world. It fosters an appreciation, understanding and love of the arts. ArtsAround the World exposes students to a variety of diverse peoples and cultures through an imaginary trip around the world through music, drama & dance combined with multiple literacies.

VISION

The Vision of the ArtsAround the World program is to:

- provide opportunities for elementary students to focus their learning on their school and world community while searching for meaning in the way the world works, through integrated music, media, literacies, drama and dance activities.
- In Catholic Boards, ArtsAround the World provides lessons that include Christ at the centre of the lesson. Prayer is also encouraged during reflection time.
- introduce elementary students to various styles of music from around the world therefore enhancing their own cultural awareness and ethnicity. Empathy and compassion are highlighted as a call to action as believers in Christ.
- help children appreciate how precious and personal the arts become when integrated into other subject areas and their own lives.

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General Overview of ArtsAround Programming

ArtsAround deals with real life issues and challenges, adventures, and conflicts: all in a joyous, active way. Everything is digitally ready for any teacher, with or without an arts background. ArtsAround programs encourage youth to experience active learning and develop a sense of community while searching for meaning in the way the world works. They will begin to appreciate the beauty through the 'arts around' them. They will cultivate better attitudes, create a culturally rich, positive school community and celebrate their accomplishments together.

KINDER ArtsAround

Kinder ArtsAround for Pre-K and K Students, offers 38 - 40 lessons over the course of the school year, which includes integration in many capacities.

ArtsAround The World

Primary Grades 1 - 3, together discover the world while taking an imaginary trip with an experienced Tour Guide (Teacher-in-role). All Primary grades visit the same country each month so they can share songs, playground games, stories, dramatizations, and dances, even speaking a few sentences to each other in the language of each country. Carefully selected short YouTube videos (media literacy) enhance the quick, active pace in every ATW lesson. There are 6-7 countries visited each year.

Jl ArtsAround

Both Junior and Intermediate lessons have an emphasis in Drama, Music, Dance Movement and Literacies: Media, Social, Emotional, Physical and Cultural. Themes are integrated into Social Studies, Science, Character Education or Religion, as well. Each grade has different lessons and themes. Often connected to themes listed in the grade specific curriculum.

**“ARTSAROUND WILL ‘CULTIVATE, CREATE AND CELEBRATE’
THE VALUE OF A CULTURAL SCHOOL COMMUNITY WHERE
PARTICIPANTS COLLECTIVELY GROW TO APPRECIATE THE
BEAUTY OF THE ‘ARTS AROUND’ THEM!**

Patricia Gough



ArtsAround is on the cutting edge because it:

1. offers detailed lessons based on pedagogical, scientific research that leads participants to use their brains in ways to maximize the brain’s capacity. Stages of learning in each lesson involves; digging deeper; asking right questions; exploring possibilities; practice decision making; comparing results; and choosing the best action or response. Repeat this cycle for optimum growth and these habits will help youth do well in life.
2. has imbedded professional and personal growth attributes for the teacher that contribute to helping teachers shift their approaches and thinking in teaching and learning;
3. broadens perspectives by providing countless opportunities to solve various dilemmas by emphasizing decision-making in learning rather than a perfect lesson in teaching;
4. is integrated into topics studied in other subject areas making connections to real life.
5. is evidence-based through observation and by using specific assessment rubrics.
6. received 1.2 million \$\$\$ from the Ministry of Education to test drive the program across grades K-8 in two school boards for three years.
7. applied feedback and input from teachers, students and parents so the program could be adjusted to the incredible value it now offers.
8. only requests a school to have one keyboard, 3-4 Orff instruments,(Studio 49 series) and a collection of percussion instruments to deliver all lessons from K-8.
9. lessens the stress and amount of time required for teachers when locating and prepping for three arts subjects in an already crowded curriculum. They only need to prep and can feel rest assured that all curriculum expectations are met!
10. is deliberately written to provide FUN for everyone involved!! Something often lost when delivering only content!

How ArtsAround Supports Catholic Values?

(EXCERPTS FROM THE ALLIANCE FOR CATHOLIC EDUCATION: UNIVERSITY OF NOTRE DAME)

A Catholic View of the World

Catholic School students learn that God is present and active in their lives and in the world. They learn to recognize the “footprints of God” in their daily experiences, especially in the midst of life’s challenges. They develop a sense of “sacramental awareness”. They see the signs of God’s love around them, and become instruments of God’s grace in their own neighborhoods, communities and the world. In a Catholic view of the world, there is no such thing as a secular subject as all learning helps to develop and bring to full bloom that image of God that is in each person.

The Value of Relationships as a Reflection of the Divine

ArtsAround lessons address real-life issues and encourage students to think through challenges using the support of their classmates as a basis for trying out new ways of dealing. ArtsAround lessons invite Catholic teachers to refer to Catholic values as part of this support system. These life lessons lend themselves toward ‘sacramental awareness.’

Catholic school students learn to experience God’s grace and presence in their lives through their relationships with family, friends and teachers. The loving and supportive relationships they experience are reflections of the love and life-giving dynamic of the Trinity.

As a community we celebrate our successes and achievements. We share grief and downfalls. We unite together in solidarity, and even challenge each other to become better reflections of the divine. We are made for community. Catholic school students are given the opportunity to explore the beauty and richness of Sacred Scripture seen through the lens of faith and lived out in daily practice. ArtsAround helps students see the value and richness the Arts can bring to their lives.



A Nuanced View of Scripture

Catholic students learn to apply Scripture to their own lives as a tool for prayer and the true guide for virtuous living. Catholic schools promote service as an essential component of their curriculum. ArtsAround provides opportunities for teachers to connect the dots with learning and faith merging as references to scripture and prayer.

Catholic schools promote self-discipline through clarity of moral vision that is based on the Gospel. Students are challenged to be Christ-like in word and action. They are asked to examine their choices and action in light of the Ten Commandments and the Gospel law of love. They are given a theological foundation for ethical behaviour. Students are not good because they act in accord with rules and expectations. Rather, because students are good, i.e. sons and daughters of God, they are expected to act and make choices that are in keeping with this dignity.

A Moral Vision

ArtsAround creates reasons for students to express self-discipline through clarity of moral vision by providing specific activities for opportunities to apply learned techniques to classroom situations. These 'moral situations' are best rehearsed in the safety of a classroom with a Catholic educator guiding children to think before they act. So many Catholic values come into play during these sessions.

Catholic school students learn that excellence is a response to God's blessings. Academic excellence is not a gospel value in and of itself. The Sermon on the Mount doesn't say "Blessed are you who get all A's."

The Centrality of Arts, Ritual, Drama, Dance, Music to the Life of Faith with ArtsAround Curriculum that Makes a Difference

And last but not least ArtsAround recognizes that through Catholic education, students are exposed to the richness of their religious traditions. Music, Art, Literature, Dance, Drama and Ritual are rooted in the rich history of the Church, and find their truest glory as an expression of divine praise. Students learn so as to help others, and make a difference in the world around them! That is what ArtsAround aims to do: make a difference in the 'arts...around' them by promoting joyful, expressive cultural school communities integrated into a Christ-like presence. A match made in heaven!

Pat's Testimony

Hello, I am Patricia Gough, the Founder and Director of ArtsAround.

I wanted to add a note about Catholicism and Curriculum. I was fortunate to attend Catholic schools from K-Grade 12. My passion and mission in life has evolved because of my years in Catholic education. I LOVED teaching but I had difficulty with the number of schools I was in as Teacher, VP, and Principal, where the Arts were regarded low on the totem pole of priorities. I left education to propose viewing the Arts through a new lens. I wanted kids to embrace and benefit from the Arts as I did. I knew the Arts can become the bridge to going deeper and touching a child's soul like no other subject can—other than the principles of Catholicity. For me this meant writing an integrated arts program where real life issues combined with other subject areas can be blended with Catholic principles supporting students' choices and decisions.

My life as a Catholic has lead me to demonstrate my gifts in a way that may never have occurred had I been raised without a faith based system to rely on. I am truly grateful for this opportunity!



"Why is an A or B better than a C or D? Aren't all letters equal in the eyes of God?"

Introduction

ArtsAround the World (ATW) is an integrated arts program for grades 1-3. It is a three-year program. All primary grades visit the same country in the selected year. By doing so split grades will not be affected since this cycle will repeat again and again. It also makes it more interesting for the ArtsAround the World Teacher. Having children in one division learn the same songs and dances encourages continuity outside of the classroom (e.g., playground games, home discussions, cross grade friends). Music lessons focus on singing and playing percussion instruments (including ORFF) while moving.

Drama activities are often based on the culturally enriched stories and real-life issues carefully selected for each country. Media is introduced through you tube video cartoons, storytelling, dances, culturally rich video footage and a collection of colourful photos for each country. A world map with flags from each country makes social studies come to life. Word cards even teach unfamiliar words and phrases in the language of the country visited. Multiple literacies are represented: physical, social, emotional, musical, media, cultural and technological.

Assessment is also included. Whether you are an itinerant teacher, a planning/prep time teacher or a classroom teacher, this program enriches every primary grade you will ever teach. The children love it and often beg for more time for ArtsAround the World (ATW) lessons!



Countries Visited: A Three-Year Cycle

Countries A	Countries B	Countries C
Kenya	USA-Hawaii	India
Puerto Rico	Jamaica	Egypt
Italy	Ukraine	Cuba
Ireland	China	Canada*
USA - New Orleans	France*	Japan
Brazil	Scotland	Spain
Turkey*	Portugal	Australia

**This country is optional. There may not be enough time to get to it.*

Frequently Asked Questions

Who created this program?

Patricia Gough, Teacher, Vice-Principal and Principal- who is an advocate for competency education and personalized learning for children- is the creator and designer of the ArtsAround programs. She worked in collaboration with various teams of educators, researchers, and neuroscientists, who contributed to the success of this wonderful discovery approach to learning about the world we live in. Pat is confident you will fall in love with the results of her labour of love!

Participation in the ATW program allows all primary classes to become aware of the importance of cherishing their own heritage and to appreciate and respect the value of a multicultural society. ATW is a community building program in schools, in home schoolers and around the world! Welcome aboard! Get your passport ready. You are about to enjoy the trip of your lifetime!

Why is ArtsAround the World such a success?

ArtsAround the World (ATW) is an active program designed to excite young children about world music, dance, drama, social studies, and literacies. Physical literacy is in every lesson. The program covers 7 different countries from around the world each year. Weekly lessons are usually 40-50 minutes for grades 1, 2 and 3 students. If you are the classroom teacher, you can divide that time up to make it 10-15-minute classes every day of the week. It is entirely up to you! Children at this age have a greater spontaneity and lack of inhibition when participating in the arts. Their musical tastes are just beginning to form, and they are eager to learn. These early years are the perfect time to introduce children to world music, songs, culture, dance, visual art and dramatization of authentic stories from each country. All lesson plans and materials will be digitally provided for the teacher. Links to stream instructional videos for teachers and folklores, singing, dance and physical literacy You Tube videos for the children are provided in most lessons.

ATW is a digital program with all links to lessons. This requires an ATE teacher to have an internet connection. Our website provides you with everything you need to run an extraordinarily successful, active, fun arts integrated program whether you are a brand-new teacher or an experienced one. Teachers and children alike love participating in the ATW program. Any questions or concerns can be directed to support@artsaround.ca Also keep in mind that Pat Gough, the Program Director herself would be happy to come out (or virtually) introduce you to the beauty of ATW through a workshop on a PA Day or for a professional development opportunity. Our ArtsAround Staff wish you the best as you begin your trip around the world. Enjoy the journey!

But the real reason ArtsAround from K-8 is a success is because the lessons were tested for many years in the Hamilton Wentworth Catholic District School Board. The students even had input about what they liked to do, the topics they wanted to explore and the music, drama, and movement/dance activities they enjoyed. HWCDSB has itinerant teachers teaching ArtsAround. The Itinerants also made recommendations. Co-op secondary students who assisted in ArtsAround classes in schools had a voice along with the elementary students and local artists. They all played a part in getting ArtsAround to the highest level of integration into

curriculum, the school community, the neighbourhood, the country, AND even the world: A tremendously successful collaborative effort. Now that is impact!

Huge kudos must go out to the HWCDSB with special appreciation to Patricia Amos, past-Director of HWCDSB. Pat invited ArtsAround to test the waters in pilot schools across the city and eventually in the whole school board. If it were not for Pat this program would not have soared. Another big arts supporter throughout its expansion has been Morris Hucal, Superintendent of Education, who did everything to make this program a success. His support raised ArtsAround to a whole new level of operation. The Senior Administration at HWCDSB today continues to avidly support ArtsAround. They have paved the way for all of us, so it is with deep gratitude that ArtsAround salutes HWCDSB! You helped make this dream come true! Thank you all!

What will I find in this Teacher's Guide?

This *ArtsAround the World Teacher's Guide* includes an Introduction section with information about lessons connected to each country and assessment suggestions and charts. The charts in this guide are more for ongoing documentation or running records. Specific rubrics will be included in the actual lessons. Teachers are welcome to copy the lessons and rubrics if preferred. Due to copyright laws sharing with non-subscribers is illegal. Your password and connection to the digital program is only for you.

The *ArtsAround the World* program visits 6-7 different countries each year. There are three years of programming titled Cycle A, B and C. (or Years 1,2,3.) You will not be lost if you start this series during Cycle C. Whenever you join the ArtsAround Team just be sure to go back and start at Lesson 1 in whatever cycle is happening when you subscribe.

By offering this program in this format, all primary children will learn the same songs, dances, games, and stories from countries all over the world. Components of their lessons will differ including specific Ministry expectations and some of the content and extended activities will differ. However, the outcome is every primary grade travels the world for three years. Such a fun and engaging way to have such rich experiences together!

When the entire primary division of a school travel to the same countries, shared discussions, clapping games, dances, and dramatizations between grades (sometimes even on the playground) occurs. This type of program boosts a sense of building an arts community across primary grades, with ample performance material for school assemblies, Parent Nights, or concerts.

How do the children benefit?

There are many goals of ArtsAround the World but the main purpose is to encourage children to appreciate and love many styles of music, dance and drama from around the world so they will learn to celebrate multiculturalism! Our goal is to happily engage children in many different styles of music, drama activities, songs, games, stories, technology, literacies, movement and integrated subjects such as Social Studies, Language, Math, Healthy Living and Science in a fun and exciting atmosphere.

Within every four-six-week unit the children will:

- learn the basic elements of music, dance, drama as outlined in this section for each grade.
- be exposed to basic musical vocabulary: names of instruments, proper terminology for speed, volume, style, genre.
- develop confidence through individual and group participation.
- explore musical instruments.
- enhance imagination and creativity through musical exploration and artistic expression.
- move to music to encourage physical fitness, self-expression and to help understand musical form.
- learn to communicate/express their emotions.
- be exposed to assorted styles of music from around the world therefore enhancing their own cultural awareness and ethnic diversity leading to a better understanding of people and the world around them.
- listen attentively to folk tales, legends and fables from diverse cultures and actively become engaged in the follow up dramatizations.
- become comfortable performing in front of an audience. (Builds confidence and a healthy self-image)

What does AIT stand for?

1. The AIT acronym stands for **ArtsAround Integration Teacher**. All teachers who become part of the ArtsAround Team will realize by the time the first year is over that integration is truly at the core of each lesson. ArtsAround treats ArtsAround the World (ATW) children as competent, curious, complex thinkers.

They will realize that what they learn and discover in music, dance or drama is also in the world around them. They will learn through play that the topics suggested in ArtsAround lessons will appear in Science, Communication, Language, Social Studies, Physical Education, Math, Religion or Character Education and Healthy Living too. They will sense the arts finding a place to live within them.

2. That is when you, the ArtsAround Integration Teacher (AIT) knows that these little people are well on their way to finding how culture has shifted their thinking and beliefs. The world, through the arts becomes a much richer place. Even their school community begins to form its own arts culture.

You have assisted young children to become aware of and release and express their creativity from within! Wear the title of **AIT** proudly!

ArtsAround the World Resources

The resources mentioned can be shared by an entire school community. They are not intended just for the use of one classroom. Some resources are necessary to support the program. They will be titled Necessary Resources. The next level will be for those resources that are nice to have, and they truly can enhance performances, but they are not vital in getting started. These will be titled I Wish I Had... And the last level will be titled In a Perfect World...as if that needs explaining.

About Carl Orff

You cannot implement this program without 4 Orff (xylophone) instruments. For anyone who does not know who Carl Orff is, you will very soon, as he is the impetus behind the ArtsAround programs.

Wikipedia: "Orff developed an influential approach toward music education for children. Born in 1895 in Munich, Orff based his music on the unity of the arts symbolized by the ancient Greek Muses and involved tone, dance, poetry, image, design, and theatrical gesture. His "Musik für Kinder" ("Music for Children") books were not designed to be performance pieces for the average child. Many of the parts are challenging for teachers to play. Instead, they were designed as examples of pieces that show the use of ostinato, bordun, and appropriate texts for children: more about those terms later.

Teachers using Carl's sheet music are encouraged to simplify the pieces, to write original texts for the pieces and to modify the instrumentation to adapt to the teacher's classroom situation". Now is not the time to further your learning about Carl Orff. That will come. He was chosen as a perfect master of programming for ArtsAround because so much of what he does is improvisational....and lots of fun.



Necessary Resources for ArtsAround the World

- 1. Technology:** To get online you need WIFI, a tablet, iPad, cell phone or laptop with a link to a screen or Smartboard for streaming purposes.

If you are an itinerant teacher or someone who does not have their own classroom OR has no storage space, you would be best to let your principal know that you can NOT exist without your OWN AV cart that you will load with instruments and all resources you need for ArtsAround lessons. You may need a place to park it too. Negotiate space in any closet anywhere if you do not have to take the cart apart and find another cart every time you have ArtsAround. This is an enormously important measure to put in place early in the year. You may prefer having the school budget purchase a metal cupboard with a lock for this purpose. Instruments are expensive and left alone can get broken or suddenly disappear!

2. Musical Instruments: Four Orff instruments. You may have xylophones already at your school which is great but in case you are an itinerant teacher, or you do not have a Music Room, consider looking at the Series 49 set of four Orff xylophones at any one of the links below. Most music stores do not sell ORFF and in some cases only one music store may be the dealer for ORFF in your area.

ArtsAround is not affiliated with any store, nor do we receive any kick back for these suggestions. This is purely a means of demonstrating what Studio 49 Orff instruments look like. Recommending Studio 49 series is mostly because of size, cost, storage, and portability. Studio 49 can stack-especially if you keep the boxes, they come in. Here are some links if you have no idea.

Of course, always ask for the 'educational price' because buying in bulk is always cheaper. Find more on [MMB Music](#) or at [West Music](#) or on [Pinterest](#). It is always a clever idea to have one keyboard (preferably with a rhythm section) or a school piano available during ArtsAround. Even if you do not read music or play well, this instrument is great for pitching voices, singing scales, and just giving kids lots of practice listening to notes and deciding which is higher or lower.

One set of Boom whackers with the black lids to change octaves will provide years of fun. [One example is here](#). Lids or caps do cost extra. These can be lots of fun and are inexpensive.

3. Percussion Instruments: You will need a class set of rhythm sticks. Yes, each student needs a pair! The fatter ones are called lummi sticks. They work too but they are pricier. Purchasing 4-6 sets of drumsticks makes the kids feel really like cool drummers. Choose a cross section of any of the percussion instruments you see in the picture included in this Teacher Guide.

This picture was taken when the instruments first arrived so you can remember what you got and what needs replacing later. However, in this picture you will see special effect instruments too. You do not need these yet. To be considered later. In percussion you will need 3-4 drums or tambours to begin. Djembe drums are those expensive African drums. Although, beautiful to look at and play, those are

not required yet. Choose the ones you see in the picture. If there is an ice cream store near you that gives away or sells their ice cream buckets for a nominal fee, those are fine for drumming too. Little K kids love them! They can even paint them. [Link here for more info about 'bucket drumming'](#)

4. Flash Cards and Laminated Staff: You will need a flash card set of 'Rhythms and 'Melody' plus a large laminated musical staff for adding notes to a staff. Here is one of the best K distributors in the business of musical education for K kids.

Meet Denise Gagne. Her flash cards are worth every penny. [Pinterest](#) or [WestMusic](#) or [Amazon](#). For those who love Pinterest, you can also find many ideas there where you can make your own too.

5. Props for Drama/Dance: In Drama/Dance different props will be identified for specific areas. It is a clever idea to create your own prop box for your classroom. You will add to it each year as your program explodes as you get more familiar with what is required.

Here is a list of 'must-haves' such as a class set of flowing scarves. There are many you can find at www.amazon.ca Here is lots of other ideas to include at some point which you can see in that picture too! You will also need a bolt of light weight fabric (as a symbol for water) where two children hold each end to make waves (about 3-4 meters long). Wands or batons or anything that twirls; (see link above). Animal masks from the Dollar Store or Garage Sales. (Lessons will cue you which animals you will need).

Of course, any additional costumes that can be used and re-used or adapted to become something else is always worth picking up as you come upon them. Once you get into the lessons and catch onto this concept, you will never go to a liquidation centre or garage sale without this in the back of your mind.

Hats are cool items to accumulate and before you cry 'lice infection' extreme heat will kill lice. Either wash them in hot water or put them in the dryer for 15 minutes. When any child wears one for a portrait or a dance or drama performance, put a plastic bag inside it before s/he puts it on his/her head. When that performance is over, throw out the bag immediately and replace it with another one for the next student. They will be good to go!

I Wish I Had...for ArtsAround the World

This is your wish list. You will not need this now but it something to keep in mind.

1. A \$50.00-\$100.00 cash flow from the school to outfit the instruments, dance/drama boxes of props etc.as you see them when shopping. Keep your receipts to give to the office once you reach an agreed amount to spend.
2. Tablet/iPads to download specific apps or teacher-selected games and activities related to the themes being studied. Many schools have iPads you can sign out from time to time. Many have easy downloadable, interactive music games too.
3. 2 sets of Boom whackers with the black lids to change octaves. [One example available here.](#) Lids or caps do cost extra.
4. A few special effect instruments like rain sticks, cabassa, thunder tubes.

In a Perfect World.....for ArtsAround the World

This is where you continue to add more expensive items that the children suggest. Give them a voice about what to buy so they feel they have contributed.

Some possibilities are:

- [A set of bells that look like this](#)
- Additional ORFF to build a bigger instrumental ensemble.
- More special effect instruments.
- Additional costume items for the dress up box or clothing rack.
- Props for Dance in a Prop Box.



Play is the highest form of research.

Albert Einstein