

INTRO TO DANCE IN THE CLASSROOM

ELEMENTS OF DANCE RUBRIC

| | Developing | Emerging | Proficient | Adept |
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| Energy | Presents material with limited variety and minimal intention in quality of movement. | Presents material with some variety in quality of movement, beginning to show intent through movement. | Consistently demonstrates variety and clear intention in quality of movement. | Demonstrates clear intention and expresses rich and creative qualities of movement in all aspects of the class. |
| Space | Uses properties of space with limited effectiveness. | Uses properties of space with moderate effectiveness. | Uses properties of space consistently and effectively throughout. | Uses properties of space effectively and creatively above and beyond the criteria of the unit. |
| Time | Not yet able to align movements to a consistent pulse/beat; limited ability to create or echo rhythmic phrases. | Occasionally able to align movements with a consistent pulse/beat; echoes and creates short rhythmic phrases. | Consistently able to align movements to music and is able to echo, create and dance a variety of rhythmic phrases. | Explores rhythm with creativity; consistently able to align the basic pulse/beat; explores and creates complex rhythms e.g. syncopation, cross-rhythms. |
| Body | Incorporates some of the elements of dance with limited physical/ body awareness and minimal experimentation. | Incorporates most of the elements of dance with emerging physical awareness and some experimentation with new movements. | Incorporates the elements of dance confidently throughout the body and experiments with new ways of moving. | Incorporates the elements of dance confidently and consistently, showing a high degree of physicality and body awareness. |
| Relationship | Makes connections with the music, peers and the dance space with limited effectiveness. | Makes connections with the music, peers and the dance space with some effectiveness. | Consistently able to make connections; relating, through movement, with peers, the music and the dance space/props, etc | Makes creative connections; relating, through movement, with peers, the music and the dance space and takes on a creative leadership role. |
| Safe and Respectful Space | Students demonstrate limited respect for peers, the instructor and the dancing space and a limited understanding of safe dance practices. | Students demonstrate some respect and some understanding of safe dance practices. | Students demonstrate considerable respect and a considerable understanding of safe dance practices. | Students demonstrate a high degree of respect and a thorough understanding of safe dance practices. |